

## COMPELLING MEMOIR REVEALS A JOURNEY OF SURVIVAL, RESILIENCE, AND IDENTITY AMID GERMANY'S POST-WWII RECONSTRUCTION

SANTA BARBARA, CA – In a powerful and introspective memoir, author Elisabeth Haggblade recounts her personal experiences growing up in Germany in the immediate aftermath of World War II. "Trauterose: Growing Up in Postwar Munich" reveals a remarkable narrative that is a raw and poignant meditation on the trauma of war as seen through the eyes of an orphan living through the tumultuous German reconstruction, ultimately arriving at candid reflections on the state of Germany today.

At the heart of this <u>riveting memoir</u> is Haggblade's journey from being orphaned at birth in the harsh winter of 1942 to navigating the intricacies of life as a foster child under the roof of a former SS officer's family. In the aftermath of her foster mother's passing, Haggblade's path leads her to a children's home overseen by Catholic Sisters, a phase that further shapes her perspective.



The memoir transcends personal experience, embracing themes that resonate universally. Haggblade paints vivid portraits of individuals who both positively and negatively impacted her life, forming a multifaceted tapestry of human relationships against the backdrop of Germany's postwar reconstruction.

"Trauterose" is not merely a recollection of history but an exploration of themes such as unfairness, prejudices, humiliation, discipline, lack of guidance, and profound loneliness. As Haggblade's narrative unfolds, readers are drawn into a world of disillusionment, the passage from girlhood to womanhood, and the crushing impact of death within the family.

With the backdrop of immigration to the United States at the tender age of eighteen, Haggblade embarks on yet another life chapter, where the challenges of learning English as a foreign language, adapting to an unfamiliar culture, and forging an identity in a new land provide the backdrop for her inspiring tale. Bringing readers on a transformative journey alongside the author, the narrative casts an unflinching eye on the challenges of foster care, the struggles of coming of age, the trials of immigration, and the weight of inherited guilt and trauma—ultimately serving as a reminder of the indomitable human spirit, the resilience to overcome adversity, and the pursuit of identity in a world shaped by history.

"Trauterose: Growing Up in Postwar Munich" (<u>Glass Spider Publishing</u>) will be published on September 2, 2023, and is available for pre-order now in digital and physical format from <u>Amazon</u>, <u>Barnes & Noble</u>, <u>Bookshop.org</u>, and elsewhere.



About the Author: Born in 1942 in Munich, Germany, Elisabeth Haggblade immigrated to the United States in 1961. She received her PhD in English Philology from the Free University Berlin. Retired from teaching part-time English and Linguistics, the author currently lives in Santa Barbara, California. Visit <u>www.trauteroseauthor.com</u> for more information. Please direct all press inquiries and author interview requests to <u>ejh@trauteroseauthor.com</u>.